

# ECS Diploma in Team Coaching Mastery 2018

## What, who and why?

The ECS Diploma in Team Coaching Mastery is designed to meet the increased demand for competent professional team coaches. It is led by Georgina Woudstra MCC, a highly experience executive team coach working with top boards and executive teams in public and private sectors globally. She will be joined on some modules by other ECS faculty members.

If you are an experienced executive coach, organisational facilitator or a consultant who wants to provide a high quality and impactful team coaching service, this could be the course for you. It will give you the competence and confidence to work with complex dynamics and the most challenging teams.



Georgina Woudstra

## When?

The 2018 ECS Diploma in Team Coaching Mastery programme kicks off with a 3-day Team Coaching Fundamentals workshop on 12 - 14 September 2018.

The dates for the following modules are:

17 - 19 October 2018

21 - 23 November 2018

09 - 11 January 2019

## Where?

Workshops will be run in the Cathedral City of Winchester.

## How much?

The 12-day programme costs a total of £4,400 plus VAT.

“The Diploma in Team Coaching Mastery is a very challenging, rewarding and thoroughly enjoyable course. Georgina has continuously sought to allow us to develop our views and model, gradually building our own, authentic approach to team coaching. She’s a great teacher.”

- Sebastian Fox  
Brown Fox Consulting.

## I'm interested, what next?

To register your interest or book, please email [admin@executivecoachstudio.com](mailto:admin@executivecoachstudio.com)

I can fully endorse the quality, content and teaching style of Georgina and the Executive Coach Studio for the Team Coaching Diploma. The course programme covers a comprehensive syllabus, allowing students to explore a broad range of subjects.”

- Jonathan Webb, Managing Partner  
Clarity Associates.



executive coach studio

## **Module 1**

### ***Team Coaching Fundamentals***

12 - 14 September 2018

This is the foundational module in the programme. In this module we build on the core competencies of coaching with a comprehensive grounding in contemporary team coaching concepts and their application.

After this module you will be equipped to start team assignments, which will serve as case studies for the remainder of the programme.

## **Module 2**

### ***Relational Team Coaching***

17 - 19 October 2018

This module builds on Team Coaching Fundamentals and explores taking a relational approach to coaching teams. Relational team coaching places relationship at the heart of working with teams. Working relationally means noticing and making meaning of patterns as they emerge in the system of the team.

We will explore the relationships between team members, relationships between the team and the system, the relationship between you as coach and the team.



## **Module 3**

### ***The Psychology of Teams***

21 - 23 November 2018

This module continues to work to practice taking a relational approach to team coaching, deepening your understanding of what happens beneath the surface in teams; the landscape of team dynamics.

You will learn about creating the environment for team coaching, group process, power relationships and organisational games and how to work with these to enhance performance.

## **Module 4**

### ***Integrating Team Coaching***

09 - 11 January 2019

This module is about expanding your competence and confidence as a team coach.

You will present your learning journey and how this informs your methodology and approach. Through reflective practice and supervision on your case study you will achieve greater clarity and coherence.

## A fresh approach

In our highly interactive programme you will learn and experience how to work with the psychological dimensions of teams that operate beneath the surface. It will support you to work flexibly and deeply, intervening in a way that enhances team members' appreciation of each other and their skills in working together and with other teams.

You will develop your own team coaching style and methodology - one that is congruent with your personal coaching philosophy and approach. All participants will be required to run small team coaching exercises, practising delivering and receiving team coaching.

During the programme we run supervision sessions so you can think through the application of your learning in your work.

## What this programme will give you

- Through this programme you will become more effective and impactful as a professional team coach
- You will get a grounding in relevant team coaching theories and concepts that can instantly be applied to your work as a team coach
- You will learn skills in relational team coaching, an advanced approach to working with teams
- You will develop your ability to coach teams at behavioural and psychological levels
- You will have greater choice and flexibility in your team coaching interventions
- You will understand your own impact and what is happening in the group

“Both of us are still buzzing as a result of the team coaching training. What a blast! Thanks again for such a great experience and for giving us your absolute all. It’s so profoundly appreciated.”

– Bob Shearer, Germany

## Accreditation

On successful completion of the full programme you will be awarded an ECS Diploma in Team Coaching Mastery. You will also receive a certificate for ICF CCEUs.

## Post Programme

We will offer everyone who completes the course the opportunity to continue to participate in group team coaching supervision as part of their professional practice. These sessions will incur additional cost.



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## About Executive Coach Studio Principal Georgina Woudstra

Georgina (MCC) has been an executive coach since the early 1990s. She has built a thriving practice and specialises in coaching CEOs, senior board members aspiring to this role and top boardroom teams.

[www.GeorginaWoudstra.com](http://www.GeorginaWoudstra.com)  
[www.ExecutiveCoachStudio.com](http://www.ExecutiveCoachStudio.com)